

TEMPLE BETH O'R/BETH TORAH

# BETHREPORTER

IYAR / SIVAN 5771

**JUNE 2011** 



# HOLIDAY CELEBRATION! TIKKUN LEIL SHAVUOTH A NIGHT OF LEARNING

TUESDAY, JUNE 7, @ 8:00 P.M.

Join us at the Bayit (117 John St.) for an enchanted evening of prayer, Torah study, and great dairy desserts.

RSVP 732 381 8403

Thethor@gmail.com

## Installation Shabbat

Friday, June 17, 8 pm

Join us as we install leaders of our Temple Board, Sisterhood, Men's Club and USY,

and honor those who have served our temple.

A festive Oneg Shabbat will follow the services.



#### FROM THE CANTOR

The comedian Nathan Birnbaum, better known as George Burns, lived an active life to the age of 100. When asked to what he attributed his longevity and vitality, he

responded on one particular occasion that he always looked forward and not backward. "Look to the future because that's where you'll spend the rest of your life." I don't necessarily disagree, but I do believe the best place to focus one's attention is on the present, because ultimately, that is the only place life is actually lived. But looking to the future-- to plan, (not to worry)-- is certainly wise and worthwhile. As for the past, living there has little to be said for it-especially if the focus is on regrets—as it takes us away from the joys of the now and the possibilities of the new.

But while we ought not dwell in the past, an occasional glance in the rear view mirror might serve a useful purpose. We'll better know where we are headed if we know from whence we've come. And if the focus is on good memories and experiences, then the pleasures of recollection may well bring us some deserved satisfaction. So entering now, as we are, the summer season, I find it worthwhile to pause for a moment and reflect upon the many wonderful events and programs we've shared this past year at TBO/BT, all made possible by the hard work of so many. There were wonderful classes and lectures on Jewish thought, blessings, history, humor and health. There was surely music—from a gala Hanukkah concert with Sol Zim, to our recent 18-piece Big Band Concert. Meaningful ritual was fused with enjoyment at Havdalah services followed by a movie or a wine tasting. There were services and celebrations from the High Holidays to Shavuot, and everything in between, and the chance to come together for a community Seder on Passover, Sisterhood and Men's Club filled the calendar with so many well-planned and enjoyable activities and events, and our youth, from USY to Yaldeinu to our high schoolers, all had a year of considerable accomplishment. Let me express my appreciation to every one of you who through your efforts and dedication on behalf of TBO/BT made all this happen.

But looking back should not be merely an excuse for self-congratulation. It should be an occasion to examine what worked, and determine what can work even better. To survey the past is to allow us to improve upon it. The temple calendar is full for this month of June, and before we know it, the High Holidays will be upon us once again. So let the brief pause of summer be a time to reflect, recharge, and rededicate ourselves to planning for the future, while remembering to live every present moment of life to the absolute fullest. Enjoy the coming months in good health and peace.

B'Shalom, Cantor Steven Stern

#### Congratulations to our

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High School Graduates:

**Take Altholz** Michael Goldstein Rachel Seltzer

**College Graduates:** 

**Geoffrey Heidelberger David Kaplan** Samantha Phillips

**Grad School Graduates:** 

Jonathan Altman Meryl Mandelbaum **Brittany Richstein** 

Law School Graduate:

Michael Shulman

We invite you to join us as we honor our graduates on Saturday, June 18.



SHABBAT of MUSIC with the *Psalm 150 Band*Friday, June 24 at 7:30 pm
"Praise G-d with drum and dance, with flute and strings."
Festive Oneg follows the service.

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#### FROM THE PRESIDENTS



Mazel Tov to Cantor Stern and Temple Beth O'r/Beth Torah for the honor of receiving <u>The United</u>

Synagogue of Conservative
Judaism Medinat

HaGan Award. This award celebrates *People* and *Programs of Excellence in our* congregational kehillot. It honors people and highlights programs that make a difference and create a spark that ignites a more creative Jewish life and energy. Chosen were people and programs that exemplify the qualities of innovation, creativity and dedication.

The program which Cantor Stern initiated and which was recognized is Temple Beth O'r/Beth Torah's *Walking and Fitness Program*. Our

members are encouraged to combine Jewish living with a healthy life style by meeting periodically in a local park to walk together and to enjoy a healthful brunch of low fat, low calorie food. Following the brunch is a speaker who discusses the benefits of exercise and a healthy life style.

On Lag B'Omer, Sunday May 22<sup>nd</sup>, in spite of an overcast sky and an occasional drizzle, a large group of our temple family met at Rahway River Park. We walked around the park for a mile or two or three and then enjoyed a bountiful and healthy brunch which was provided by our Men's Club. Also provided by the Men's Club was a personal trainer who discussed the many benefits that can be achieved by a regular walking program. She also taught the proper stretching technique which should be used to begin and end a walk. We will let you know when our next walk and brunch is scheduled. Please join us.

Not surprisingly, there are many people and programs that provide a spark to our temple family. Periodically

#### ISRAELI DANCE for beginners



Tuesday Nights
True beginners at 7:00 pm,
advanced beginners/
intermediate 7:45 pm

\$8.00 per class/\$35 prepaid for 5 Proceeds go to TBO/BT

we will be highlighting them in the <u>Beth RepORter</u>. Please look for them.

If you have an idea for an activity or program that will energize and enhance our Jewish experience, please let us know about it.

Lillian & Thelma







#### **MORNING MINYAN NEEDS YOU!**

Please give us only one morning a week- Mondays & Thursdays at 6:50 am and Tuesdays, Wednesdays and Fridays at 7:00 am, Sundays at 9:00 am in Clark. Breakfast is included.

In the month of June, Morning Minyan will be held in Clark.

#### SISTERHOOD SCENE

#### SISTERHOOD PRESIDENT'S MESSAGE



Shalom Chaverim,

During the month of June, we have Shavout. One of our rituals for Shavout is reading Megillat Ruth. I found this article on the web at My Jewish Learning: "What Shavuot Teaches Us About Women" by Dr. Meesh Hammer-

Kossoy, and here, reprinted without permission, is an excerpt:

The first verse of Megillat Ruth reads like the headlines of a tragic and all-too-familiar news story. The defective and unstable government of the Judges leads to famine. Bethlehem—the city of bread—becomes the city of starvation. Lack of food security results inevitably in forced migration—a journey of sorrow characterized by homelessness, vulnerability, health risks and ultimately, death.

The second verse of Megillat Ruth reminds us that famine, forced migration and their associated risks are not only the stuff of this particular story, but are perennial struggles in the Torah: Mention of Efrat calls to mind the tragic death of Rachel when fleeing from Lavan (Genesis 35:16); Elimelekh's name evokes that of Avimelekh, the king of Gerar—villain of the famines and consequent wanderings that threatened the patriarchs and matriarchs (Genesis 20 and 26). Hunger and homelessness are not one-time events of the megillah, nor the lot of strangers in a distant land; rather, Megillat Ruth reminds us that they are part of our national heritage during the periods in which we have lacked just and effective rule.

But the megillah also suggests a solution to this recurring plight: the inclusion of women in the work of building a strong family, society and the eventual establishment of good government. Ruth's selfless heroics bring salvation not only to herself, her mother-in-law Naomi and her family, but also to the Jewish people as a whole. By leaving everything she knows behind and courageously starting a new family, Ruth turns catastrophe into a vibrant future. By giving birth to Oved (Ruth 4:17), the grandfather of David, Ruth paves the way for the Davidic dynasty—a government of "justice and righteousness" (II Samuel 8:15) that not only represents the kingdom of Heaven but also brings in its wake the ability for every individual to dwell "safely, each man under his grape vine and under his fig tree" (I Kings 5:5). At the hand of Ruth, famine has the potential to be abolished, replaced instead by security, sustainability and justice.

In taking on the unknown and forging a new nation, Ruth employs the tools available to a woman at the time—her sexuality and her fertility—to secure the future of the nation that she knows is her destiny. She descends to the

threshing floor and challenges Boaz to break with accepted norms to marry a Moabite and become her partner in nation-building. By both working within and challenging the norms of her society, she proposes inclusion as a model for communal advancement.

I want to tell you about our new idea for Sisterhood. Instead of one President we will now have a Presidium. Each President in the Presidium will be considered Sisterhood's President for the quarter. Helene Davis & Diane Goldstein will take one quarter, Esther Schlesinger, Paula Hymanson and Sebley Hausler will each take one of the other three quarters. We have not yet worked out which President will be responsible for which quarter, but stay tuned to this space for more information.

As a result, this will be Helene & Diane's last article. Louise Cangelosi will take over as a RepORter chair beginning next RepORter. Diane and Helene thank you all for the opportunity of serving together for the past two years and will continue to serve, but in a lesser capacity.

All the Goldstein's and all the Davis' wish all of you a fulfilling Shavout.

B'vracha,

Diane Goldstein, President Helene Davis, President's Assistant and Bulletin Chair

#### **Upcoming Sisterhood Events:**

June 20 – Transitional Board meeting

#### Sisterhood says Thank You to:

- Sebley Hausler for chairing the hosting of the May 15<sup>th</sup> WLCJ GSR Spring Conference, and her committee: Louise Cangelosi, Esther Schlesinger, Joan Oberman, Joleen Fridson and Judy Hurok.
- Sebley Hausler for chairing our gala donor dinner, and her committee.
- Joleen Fridson and Esther Schlesinger for chairing the "close the books" meeting and preparing the delicious Ice Cream Social.

Esther Schlesinger and Joan Oberman for taking care of our donor books so diligently.

#### **Vouchers**:

Shoprite and A&P vouchers are available at Sisterhood functions and in the temple office.

#### **TBO SISTERHOOD CALENDAR 2011-2012**

The **only** calendar available from Temple Beth O'r/Beth Torah includes:

- \*Birthdays & Anniversaries of participating congregants
- \*Candle Lighting times
- \*Sisterhood Functions
- \*Rosh Chodesh dates

- \*Jewish Holidays
- \*Bar/Bat Mitzvah dates
- \*Business Advertisements
- \*Temple Events

COST: \$10.00 – maximum of six(6) listings (birthdays or anniversaries); additional listings @ 50 cents each; extra calendars are \$2.00 each

To order, please call Debbie Freedman at (908)-232-8773.

### SEND A TRIBUTE CARD FROM SISTERHOOD

Would you like to honor someone or mark a special occasion or make a donation in someone's memory? Sisterhood has perfect solutions & gives you the choice of two alternatives!

#### **GOLDEN BOOKS**

The cost for a Golden Book card is \$3.00. The cost to purchase a bundle of 10 cards, which you send on your own, will be \$20.00. Sisterhood members get \$1.50 donor credit per card. To have a card sent, call one of the following captains: Rayna Warner - 732-382-5757, Evelyn Shulman - 908-276-6894, Betty Needleman - 908 - 389-0911 Please send payments to Roz Shifrin, 189 Middlesex Ave., Iselin, NJ 08830.

#### SPECIAL FUND

Send an especially lovely tribute card and earn dollar-for-dollar donor credit. The money in this fund pays for Bar/Bat Mitzvah gifts, flowers for the bima and other special items. Minimum donation \$5. Contact Fern Cammy 732-549-2652.

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#### JUDAICA SHOP NEWS

Come and see our wonderful Judaica items

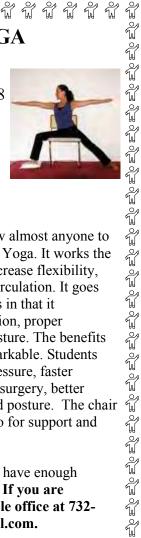
Remember to make the TBO/

BT Judaica Shop your first stop for any gift needs. If you don't see what you want, please call Diane Goldstein (908-241-0509) or email her at cowsndlg@aol.com, or contact Louise Cangelosi (732-634-3019) or email her at lgc@comcast.net.

#### **CHAIR YOGA**

We are planning to have a six week series of classes on Wednesday evenings from 7 to 8 pm starting in August.

Tentative costs: 6 classes, in advance \$36.00, at the door: members \$7.00 and non members \$8.00 per class.



**Chair Yoga** is designed to allow almost anyone to participate in a very gentle form of Yoga. It works the



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joints and muscles to increase flexibility, strength, balance, and circulation. It goes beyond typical exercises in that it encourages quiet reflection, proper breathing, and better posture. The benefits of this program are remarkable. Students report reduced blood pressure, faster recovery from injury or surgery, better

sleep, increased mobility, improved posture. The chair is used to sit on and to stand next to for support and balance.

It is important for us to know if we have enough interested people to start the class. If you are interested, please notify the temple office at 732-381-8403 or email tbethor@gmail.com.

#### **BIG BAND CONCERT AND DANCE**





































Sunday morning breakfast club at TBO/BT



Yaldeinu class with assistance of Alex and Stephanie waves Shalom. See you in the fall!



## sat TBO/BT

Cantor Stern and Temple Beth O'r/Beth Torah received a "People and Programs of Excellence" award from the United Synagogue.



Burning the remnants of chometz on the eve of Passover



Lag B'Omer outing at the Rahway River Park





#### **MEDINAT HAGAN AWARDS**

Lillian, Cantor, Thelma at the reception following the awards ceremony



Cantor Stern sang Hatikvah and the Star Spangled Banner to open the program.









#### Gomina Soon!

June 18 - Shabbat Service to honor TBOBT Graduates of 2011! Plan to attend this special Shabbat to celebrate our graduating USY seniors—Jake, Mike, & Rachel along with other TBOBT graduates.

June 17th—TBOBT Installation of Officers Shabbat Service.

#### Action required.

Completed applications and full payment for Encampment are due to the Regional office. Don't miss out on this fantastic week—August 21st—28th.

#### Booking aheads

IC 2011 will be Philly, 12/25-12/29. So close to home. There's no reason not to go!

#### Mazel Tov 10 Out Gtals:

Jake A.—Brandeis

Mike G.—Rutgers

Rachel S.— Bucknell

Steven K.— Carnegie Mellon's School of Computer Science

#### Happy Blothdays

Steven K.—6/30 Jake A.—7/5 Michael G.—7/22

Oravellias shis summer:

Dan B.—USY on Wheels.

#### HAVE A GREAD SUMMER!



### SHALOM JERUSALEM CALLING TBOBT

I can't believe how quickly this year has gone by. It feels like my parents just dropped me off at the airport with my life packed into two suitcases, and now here I am packing it all back in, but after all of the experiences and memories from this year, my life doesn't quite fit. After studying, working, and living in Israel for the past nine months, I can easily say that I am not the same person that I was when I walked off that plane in September. I've learned so much about people, history, living independently, and myself. Nativ spent this past week together exploring the northern part of Israel. We climbed beautiful mountains and canyons, relaxed in the Chamat Gader hot springs, and had our toes

nibbled by fish in the Sachne Natural Pools. I also noticed over the course of this week what a family we've become. We're all so comfortable around each other. That's one of the things I loved so much about this year. I always had people there for me, no matter what. Adjusting to life at home and going to college in the fall will be different, but I know I'll always have Nativers there for me. This has really been the experience of a lifetime, and I know I'll remember it forever.

Shalom! Halli

## FROM THE MEN'S CLUB PRESIDENT



Men's Club moves on towards the end of our year. We look forward to those attending the International Convention this July to coming back with a full report

to us. Dr. Mike Miller assisted Cantor Stern in a Walk for Health at Rahway River Park, and worked hard making healthy snacks for after the walk. Mike Goldstein is planning our Men's Club Shabbat on Friday night June 10<sup>th</sup> and Saturday morning, June 11<sup>th</sup>. On June 12<sup>th</sup> our Minyan Person of the Year, Theo Moreines, will be honored at a Men's Club breakfast. We look forward to seeing all of you at our events.

We are again planning a Poker Night, date to be announced???

In June we will attend, as a group, the North New Jersey Regional President's Dinner.

The purpose of Men's Club is to serve as an arm of the Temple by putting on programs on topics of interest to our members, the men of the temple, and any other interested parties. We have programs on Men's Health, the environment, religious programs and general interest programs. If you are not a member, please join. If you have ideas or suggestions, please contact me.

Harvin Freedman, Men's Club President hefcpa@aol.com

## TBO-BT Men's Club Torah Reader Recognition Award

The Men's Club is participating in the Federation of Jewish Men's Clubs <u>Yad Shel Chai</u> Program. Youth and Men's Club members who read eighteen Torah aliyas at Shabbat or Minyan services will receive a silver plated Yad. Cantor Stern has volunteered to train readers and track the portions read. Contact Cantor Stern for details.





Sunday, June 12
The Sidney Goldstein Aaron Margolin
Minyanaire of the Year
Breakfast

Theodore Moreines will be honored.

Minyan - 9:00AM Breakfast - 9:45AM



### Are you missing out?

The BETH RepORter is a great way to keep up with all that's going on at TBO/BT. But there is an additional way to learn about what's happening at Shabbat services and to receive updates on the exciting events and programs held each week <a href="If you are not currently on the TBO/BT">If you are not currently on the TBO/BT</a> email list, please notify the office and you'll begin to receive timely information that will keep you in the loop. Don't miss out!

#### SHABBAT SERVICES

Friday Evening Services @ 8:00 pm Saturday Morning Services @ 9:30 am.

> June 3& 4 NASSO

June 10 & 11 BEHAALOTCHAH

June 17 & 18

SHELACH

June 24 & 25 KORACH

#### THE TBO/BT FAMILY EXTENDS MAZEL TOV TO:

Michael & Helene Miller on the marriage of their daughter Elana to Mordechai Gershen

Arnold & Myrna Young on the Bar Mitzvah of their grandson Jordan Panitch, and on the graduation of their granddaughter Rebecca from Muhlenberg College

> Joan & Leon Oberman on the Bar Mitzvah of their grandson Ethan Gertzman Ellen Gietter on the engagement of her daughter Shanna to Barry Greenstein

> Susan & Gary Barr on the birth of their twin grandchildren Gavin and Sydney

Mindy & Edward Leibowitz and Judy & Alan Rubin on the upcoming marriage of Steven to Lucy Buchholz

#### THE TBO/BT FAMILY EXTENDS CONDOLENCES TO:

Scott Seidman on the passing of his mother Sylvia Seidman

#### THE TBO/BT FAMILY EXTENDS REFUAH SHLEMAH TO:

Arthur Feibush, Arthur Gesten

#### WE GRATEFULLY ACKNOWLEDGE THE FOLLOWING DONATIONS MADE TO TBO/BT DURING THE MONTHS OF APRIL & MAY:

(To make a donation in memory of a loved one or in honor of a special occasion, call the temple office at 732-381-8403x11 or email tbethor@gmail.com.)

#### **GENERAL FUND**

Betty Schwarz, wishing a quick recovery to Arthur Feibush Pauline Sadowitz, in appreciation to Norma Weinshanker Harriet Rothschild, in memory of Steven Sommer Lorraine & Milton Loshin, in memory of Steven Sommer

#### June Happy Anniversary!

Jerome & Lola Baron Gary & Susan Barr Alan & Susan Coen Stan & Fay Fink Alan & Joyce Genser Steven & Judith Hurok Jerry & Hinda Kaplan Leonard & Alison Kosberg Robert & Natty Lapidus Milton & Lorraine Loshin

Benjamin & Sue Margulies Michael & Helene Miller Michael & Suzanne Miller Michael & Carla Rockliff Lowell & Joyce Scher Yossi & Andrea Shavit Jack & Norma Weinshanker Arveh & Amanda White

#### Happy Birthday!

David Altman Josh Axelrad Florence Bernstein Dennis Berry David Brotman Leah Davidson Sol Elsner Diane Goldstein Joseph Green Rose Handler Selma Kastner

Howard Kronick Seymour Lemberg Lillian Makow Theodore Moreines Mark Needleman Michael Needleman Julia Roth Debra Seidman Arella Shavit David Shulman Gene White

#### SOL SERN FUND

Anonymous

Debbie Freedman, for Yahrzeit of her mother Sara

Bernice & Bernard Gold, in memory of Debbie Greenberg

#### YAHRZEIT FUND

Elaine Buechler Martin Goldstein Sylvia Lipson Bess Berg Selma Kestenbaum Joleen Fridson Sharon Katz Iris & Jerry Zweiman Adele Pressman Edward Plymack Eva Silbert Anna Vaidman Arthur Gesten Blanche Singer Barbara Plotkin Adeline Gesten Marvin Edelman Michael E. Miller Estelle Edelman Gloria Schrager

ONEGS & KIDDUSHES
SPONSORED DURING MAY BY:
Congregation, Sisterhood
Joe & Louise Cangelosi
Myrna & Arnold Young
Sylvia Lipson
Seymour & Verna Lemberg
Michael & Helene Miller
Wendy & Alan Mandelbaum

# June 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 🌣 Yom Yerushalayim	7	3   8:04p 8:00p Hebrew High Services	4 9:30a Services. Special adults
5 9:00a Morning Minyan 3 Sivan	6 4 Sivan	7 8:00p Tikun Leil Shavuoth 5 Siyan	8 & Shar 8 Shar 9:00a Services 6 Sivan 6 Sivan	9 Services & Yizkor SHAVUOT 2nd Day 7 Sivan	10   8:08p 8:00p Services Men's Club Shabbat 8 Siyan	2 Sivan 11 9:30a Services Men's Club Shabbat 9 Sivan
12 9:00a Morning Minyan Minyanaire of Year breakfast 10 Siyan	13 8:00p TBO/BT Board Meeting 11 Sivan	14 12 Sivan	15 8:00p Ritual Meeting	16 8:00p Men's Club Meeting 14 Sivan	17     8:11p 8:00p Services & Installation of officers	18 9:30a Services Graduation Shabbat 16 Sivan
19 9:00a Morning Minyan FATHER'S DAY 17 Sivan	20 8:00p Sisterhood Transition Meeting 18 Sivan	21 19 Sivan	22 8:00p Ways & Means Meeting 20 Siyan	23 21 Sivan	24   8:13p 7:30p Services Musical Shabbat 22 Siyan	25 9:30a Services 23 Siyan
26 9:00a Morning Minyan 24 Sivan	27 8:00p Executive Board Meeting 25 Sivan	28 26 Sivan	29 27 Sivan	30 28 Sivan		



#### TEMPLE BETH O'R/BETH TORAH

111 VALLEY ROAD, CLARK NJ 07066 732-381-8403 TBETHOR@GMAIL.COM WWW.BETHORBETHTORAH.ORG

Change Service Requested

Cantor Steven Stern, Spiritual Leader Thelma Purdy - Lillian Makow, Co-Presidents Jonathan Phillips, Executive Vice-President Diane Goldstein, Sisterhood President Harvin Freedman, Men's Club President Non-Profit Organization U.S. Postage Paid Rahway, NJ PERMIT No. 166

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## Got a Simcha? Birthday? Anniversary? Graduation? New grandchild? Bar/Bat Mitzvah?

Host a Kiddush at TBO/BT.
You can sponsor the entire Kiddush or be a co-sponsor with a donation of \$18 or more.

Contact Julia at 732-381-8403 x11 or tbethor@gmail.com.

#### Yes, We Care Soup Kitchen, Inc.

A Non- Profit Organization
Please come and help us make sandwiches
Monday evenings at 5:15pm at
Zion Lutheran Church
559 Raritan Road, Clark, NJ

Call Arlene Fineman, 908-403-6554, for further details.

Time commitment is less than an hour. We continue to collect canned goods. Please leave them in the box in the temple's lobby.



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